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FOR IMMEDIATE RELEASE:

Dr. David Nelson Returns to ACHS in dual role as Family Practice Physician and Assistant Medical Director

LITTLETON - Ammonoosuc Community Health Services, Inc. (ACHS) announces the recent return of Dr. David L. Nelson, DO, MBA to their staff at the Littleton care-delivery site.

Dr. Nelson was Board Certified in 2002 and moved to Benton to practice at the ACHS-Warren site. During this time he earned a masters degree in business administration with an emphasis on health care services from The George Washington University. In 2008, he had an opportunity to work at Dartmouth-Hitchcock Medical Center as a family practice physician and assistant professor of community and family medicine for Dartmouth Medical School and was involved in the DHMC Informatics group, which is currently guiding DHMC in its clinical information system transformation.

Reflecting on his time at DHMC he says, "It was a great experience for me to practice there, as well as teach medical students and learn so much about health information technology. My heart is in the North Country, though. It is my home, and I'm so glad to have the opportunity to rejoin the team at ACHS."

Dr. Nelson grew up on Cape Cod involved with the family business of farming oysters. He was interested in science from an early age, and was a pre-med student and majored in biology at Hobart College in upstate NY, graduating in 1995. He went on to Philadelphia College of Osteopathic Medicine (PCOM), Philadelphia, PA and graduated in 1999. He completed his residency in 2002 at Memorial Hospital-Peninsula, Ormond Beach, FL and headed north.

When asked what he enjoyed about being a doctor, he replied, "I enjoy the physician-patient relationship that is formed as well as the intellectual challenge of promoting health and preventing disease. I enjoy opportunities to help create effective systems of health care delivery, both on the level of my personal practice and also on larger scales such as with the team at ACHS. I believe in treating people like human beings, not 'widgets'. There are so many opportunities now, particularly with the evolution of health information technology, for the patient to be dehumanized. We have to make medical technology of all kinds serve the patient, not the other way around."

Ed Shanshala, CEO at Ammonoosuc Community Health Services, Inc. said, "We are very excited about David's return to the organization. His MBA education is an added bonus as he takes on the role of Assistant Medical Director, and patients he served during his previous tenure who have learned of his return are thrilled."

Dr. Nelson lives in Benton with his wife and 2 children Ben and Alice. He loves the outdoors and when not providing care to his patients, he loves to snowboard, hike, work with his tractor, play guitar and spend quality time with his family.

Founded in 1975, Ammonoosuc Community Health Services is a nonprofit community health center offering a network of affordable primary health services. Their programs promote and support the well-being of individuals and families by emphasizing preventive care and encouraging active participation in one's own health.

ACHS serves 26 New Hampshire towns in northern Grafton and southern Coös counties and has sites located in Littleton, Franconia, Whitefield, Warren, and Woodsville. Clinical teams, made up of doctors, nurse practitioners or physician assistants supported by nurses and medical assistants, provide comprehensive services on a sliding-fee-scale and is the patient-centered medical home of choice to over 10,000 patients.

ACHS is accepting new patients. If you would like affordable quality health care, please visit www.ammonoosuc.org or call our New Patient hotline at 1-866-201-5076.

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